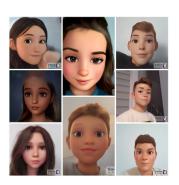




### THINK BEFORE YOU WASTE



As the world population increases and environmental issues intensify, we need to become aware of food sustainability. This project aims to teach students the importance of food sustainability and show how small changes in their daily lives can have a positive impact on the environment. Students will monitor food waste at school and at home, brainstorm creative strategies like composting, creating leftover recipes, and running awareness campaigns. Through simple research, digital creations, and collaborative activities, students will learn to reduce food waste, make sustainable food choices, and share what they've learned with others.

### **OBJECTIVES**

- Raise awareness about food sustainability and the environmental impact of daily habits.
- Encourage students to take small steps to reduce food waste and make sustainable food choices.
- Examine the common causes of food waste at home and on a larger scale (e.g., restaurants, stores) and propose solutions.
- Promote sustainable practices: introduce waste reduction strategies such as composting, meal planning, and creatively using leftovers.
- Develop digital literacy and teamwork skills through simple Web 2.0 tools.
- Strengthen collaboration by promoting cultural exchange among students from different countries.

# **WORKING PLAN**

### **OCTOBER WORKING PLAN**

- 1. \*\*Inform Parents & Obtain Signatures\*\*: Send out information about the project to parents, explaining its goals and importance. Collect their signatures as a form of consent and support for their children's participation.
- 2. \*\*Teacher Meeting Webinar\*\*: Organize an online webinar where teachers can discuss the project's details, share ideas, and clarify any doubts.
- 3. \*\*Task Distribution\*\*: Clearly assign specific tasks to each team member or group so everyone knows their responsibilities.
- 4. \*\*Project Introduction by One Person\*\*: Have one designated person formally introduce the project to all participants, outlining its objectives and expected outcomes.
- 5. \*\*Work Plan Creation\*\*: Develop a comprehensive work plan that outlines key activities, deadlines, and responsible parties for each task throughout project time.
- 6. \*\*School Presentation Uploads on TwinSpace\*\*:
  - Prepare presentations or videos about your country and city.
- Upload these presentations on TwinSpace so other schools involved in the project can learn more about your location.
- 7. \*\*School Project Board Preparation:\*\* Set up a dedicated board at school where you will display updates related to this initiative (e.g., posters/logos created by students).
- 8. \*\*Poster-Logo Design & Selection Survey\*\*: Have students design posters or logos related to food sustainability. Conduct a survey among participants to select the best design, which will represent your project.
- 9. \*\*Teacher Introduction Avatar Creation\*\*: Teachers create digital avatars introducing themselves, making it more engaging and relatable for students and parents.
- 10. \*\*Student Introduction Avatar Creation\*\*: Each teacher helps their students create videos where they introduce themselves and talk about their consumption habits in their country.
- 11. \*\*Project Pre-Test Surveys\*\*:
  - Conduct surveys with teachers, students, and parents before starting major activities

- 12. \*\*Student Meeting\*\*: Organize a meeting with students to discuss their roles in the project, answer questions, and build excitement.
- 13. \*\*Create a Simple Kahoot Test on "Sustainable Food Choices"\*\*: Develop an interactive quiz on Kahoot to test students' knowledge about sustainable food choices and make learning fun.
- 14. \*\*Prepare Slogans or Riddles for World Food Day & Display Them\*\*:
  - Create engaging slogans or riddles related to food sustainability.
  - Display them on the school board.
- Make a video clip featuring these slogans/riddles to share online or during school events.
- 15. \*\*Prepare a Brochure Containing "Tips to Reduce Food Waste"\*\*: Design an informative brochure with practical tips for reducing food waste, which can be distributed among students, parents, and teachers.

### **NOVEMBER WORKING PLAN**

- 1. \*\*Teacher Progress Meeting\*\*: Discuss ongoing activities and plan upcoming ones with teachers.
- 2. \*\*Concept Map "Causes of Food Waste"\*\*: Create a collaborative map identifying causes and solutions for food waste.
- 3. \*\*Infographic on Composting & Workshop\*\*: Design an infographic about composting and hold a workshop to teach students how to compost.
- 4. \*\*Mini Garden Creation\*\*: Have children grow their own food in small pots, combining fun with sustainability education.
- 5. \*\*Food Waste Album\*\*: Students take photos of food waste at home, in the cafeteria, or in restaurants for one week, add comments under the photos suggesting solutions.

#### **DECEMBER WORKING PLAN**

1. \*\*Digital Storybook\*\*: "Reduce Your Food Footprint" will be created collaboratively by students. Each team will receive subheadings and work together to design and write their part of the story.

- 2. \*\*Local Farm Visit or Farmer Talk\*\*: Organize a visit to a local farm or invite a farmer to speak about sustainable practices, providing practical insights into food sustainability.
- 3. \*\*Video Contest\*\*: Students will create short videos (30 seconds) on how to use leftovers or tips for reducing waste. Conduct surveys with categories like "best video" and "most creative video" for judging.
- 4. \*\*Seasonal Food Calendar\*\*: Create a calendar that highlights seasonal foods, helping participants understand which foods are available at different times of the year.

## JANUARY WORKING PLAN

- 1. \*\*Create a collage with the initials of the project\*\*: This will be our visual representation to kick off the month.
- 2. \*\*Food Waste Art\*\*: Using waste materials like eggshells for art projects is both creative and educational.
- 3. \*\*Residual Recipes List\*\*: An international recipe book to prevent food waste, created collaboratively, will be very impactful.
- 4. \*\*Teacher closing meeting\*\*: A meeting with teachers to review progress and gather feedback.
- 5. \*\*Student closing meeting\*\*: Similarly, we'll have a session with students for their input and reflections.
- 6. \*\*Certificate distribution\*\*: We'll give out certificates to recognize participants' efforts.
- 7. \*\*Final surveys\*\*: Collecting data on what worked well and areas for improvement through surveys.
- 8. \*\*The latest digital exhibition\*\*: Showcasing all our work digitally.

#### **EXPECTED OUTCOMES**

- Students will develop creative ways to use leftovers.
- Students will understand the scale of global and local food waste.
- Students will become more aware of how much food they waste and the factors contributing to it.
- Students will learn the basics of composting and how it reduces landfill waste.

- Students will reduce food waste at home by applying the strategies they learned in the project.
- Students will improve their digital literacy by using Web 2.0 tools.
- Students will enhance their collaboration skills through international teamwork.